

## ST. LOUIS PARK NON-PUBLIC SCHOOLS HEALTH SERVICES REMINDERS

Please read through the following information regarding health services.

1. **IMMUNIZATIONS:** It is your responsibility to provide immunization records to health services or fax to school. ALL STUDENTS must turn in proof of immunizations and be in compliance with MN School Immunization Law (MS 121A.15). This law states each student must have current immunization records on file at the school (Kindergarteners & 7<sup>th</sup> graders have additional requirements). If your student has had shots recently please provide documentation to the health office.
2. **STUDENT HEALTH INFORMATION:** Please fill this form out in detail and return it to school before school starts this fall. If your student has a health condition that would necessitate an emergency health plan (asthma, allergy, other health concern) or if the student had an emergency health plan for the previous year, you will need to fill out or update this form with the district nurse.
3. **MEDICATIONS:** *All prescription medication given at school must be in a labeled original bottle from the pharmacy. For prescription medication we need written authorization from your doctor as well as written permission from the parent to give the medication.* Health services must be informed by a parent in writing, if a medicine is stopped. If a medication dosage changes or the medication is restarted, we will need a new written order from your doctor and a new parental permission form signed. We will not give any medication unless these instructions are all in order.
  - **Asthma:** Please make sure your student has an inhaler available for use at all times (even if the student has not needed an inhaler for a year). If you want your child to carry an inhaler on their person (as opposed to keeping in the health office) we still need to have both the doctor and parent written authorizations. We also need to know WHERE the student keeps his/her inhaler (backpack, locker, pocket etc.) in case they need it quickly.
  - **Diabetes:** If your child is diabetic, we need to know what type of insulin regime he/she is on, written physician orders for insulin and parent authorization. A short meeting with the school nurse is required to set up a health management plan for the year. This will give your child the most independence along with the highest level of safety.
  - **Epi- Pen:** If your student needs an Epi- Pen for allergic reactions, PLEASE sent it to school on the first day. Also, check the medication has not expired. Your child will also need an emergency health plan filled out and written doctor and parent authorization for an Epi- pen.

If your child will need over the counter medication at school, it must be provided in the original container. No pills brought to school in plastic bags or unlabeled will be accepted. Parent should send written instructions with the name of medication, dosage, when to be given, reason to be given and a parent signature. We do not keep any over the counter medications at school not provided by a parent for a specific child. \*\*No homeopathic, natural or vitamin supplements are allowed at school, these should be given at home only.

Please contact the District Nurse during the school year with any concerns or questions you may have. I look forward to serving your children so they have the best school year possible. Office phone 952.928.6733.

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